



Beginners course

Starting the 1st Cycle of FFVL's free Flying passport.

The first step to get the basic gestures of piloting.

Guided by professional instructors, you will learn all the aspects of this sport. You will progress at your own pace and after a few days you will do your first solo flights, radio controlled by your teacher.

The practice session is mainly in the morning when the aerologique conditions are quiet. The afternoon is more dedicated to learn theoretical aspects of the activity.

Program: Beginners course

4 to 5 days in a group from 4 to 10 people.

learning a passion

White, yellow and orange levels of the free flying passport of the French federation (beginning of the cycle 1).

1st to 3rd day :

- learning to control the wing on the ground on a small slope. First feeling of gliding and theoretical notions.
- Learning the automatism by repeating the basic gesture.
- First sensation of taking off on a school slope, association of the theory to the practice : notion of piloting and flight plan.

4th & 5th day:

- depending on your progression, first solo big flight (under the radio guidance of two teachers).
- Learning to respect the flight plan and theoretical aspects : analysing your flight.
- One or two flights each day depending on the weather conditions.

If we feel it is necessary, your first flight may be done with your instructor in a tandem. This pedagogic flight will put you in the real situation of flying with a maximum of security as your first flight is done with the teacher behind you.

Level white, yellow and orange of the free flying passport of the French federation (beginning of the cycle 1).

A method with an adapted pedagogy possible all year round.

Apprenticeship efficient and adapted to your time planning.

You will do a minimum of 4 tandem flights during which you will pilot under the advice of your teacher. The practice on the school slope will get you to get the good technical gesture which is necessary for your first solo flights.

3 first days : tandem flights and slope school & theoretical lessons.

4th day : one or two solo flights if you feel ready (under the radio guidance of two teachers).

Level required & Physical conditions

No preliminary experience is necessary. It is possible for anyone from 12 years old (with the authorisation of the parents). You must have a good physical condition to make progress securely. A medical certificate is necessary for the delivery of the licence & insurance.

Flying is a voluntary act of breaking out of usual practices , your motivation and your investment will be the guarantee of your progression in a sport considered as "risky". You will be the only pilot on board !

Validation of your progression following the Free Flying passport FFVL

Prices 2009

* ***5 days course in collective group (from 4 to 10 people)*** : 100 € per day (80 € the half day if the instructor cancels half a day due to bad aerologic or meteorologic conditions).

* ***4 days course in private lessons*** 3 to 4 days depending on your planning : 280 € per day (160 € the half day if the instructor cancels half a day due to bad aerologic or meteorologic conditions).

Dates 2009

* 22 to 26 April / 8 to 10 May & 16 to 17 May / 21 to 24 May / 30 May to 1 June & 6 to 7 June / 13 to 17 June / 24 to 28 June / 6 to 10 July / 20 to 24 July / 3 to 7 August / 17 to 21 August / 2 to 6 September / 16 to 20 September / 23 to 27 September / 24 to 28 October / 7 to 11 November.

* Private groups :

If you are a group of minimum 5 people, don't hesitate to ask, anytime and place can be organised if you book 15 days in advance.

The prices include

* The tuition of instructors with a state diploma BEES 1st degree (or a student teacher BEES 1st degree) : one on the school slope, two for the solo flights.

* The flying equipment (glider, harness with back protection, helmet, radio, rescue parachute).

* The transport in a 9 seats minibus between the different sites.

* The FFVL free flying passport, a guided brochure of the Mont-Blanc area flying sites, a weather document, the Memento (basic theory for beginners)

Every half day or hour started (weather briefing, moving to the flying site even if you don't fly due to aerological or meteorological conditions) will be invoiced. Half-days not done are not invoiced.

The whole day is about 6 hours, half days about 3 hours.

The prices do not include

* The licence & insurance (RCA obligatory : 34.50 € student week insurance or 49,50 € for the year, out off options) or the FFVL's licence (35 € for the year) if you already have a RCA (you must provide it to us with a copy).

* The lift ticket to reach the take offs (prices info on: www.compagniedumontblanc.fr, in summer there is a special price for paragliding, you must provide a photo id.)

* Accommodations.

* The Chamonix paragliding club card of adhesion (30 €), facultative)

Personal Equipment

Sport clothes (no shorts, long tee shirts with long sleeves), warm clothes for the flights, hiking shoes, light gloves, sunglasses.